

# Dream Big !

Believe in what your child can achieve.



## PAEDIATRIC Physiotherapy & Rehabilitation



A unit of Progressive Physio Care & Research Pvt. Ltd.

### What is Paediatric Physiotherapy?

Paediatric Physiotherapy & Rehabilitation is the comprehensive program for children suffering from wide range of difficulties in childhood. The goal of Paediatric Physiotherapy is to limit the physiological and psychological effects of childhood illness, improvement of overall mobility and ability to perform Activities of Daily Living (ADL). Progressive Care has a highly qualified team of **Paediatric Physiotherapists** with prime focus on wellbeing of the child.

### Progressive Care Paediatric Department is built on following core principles

- We take a leadership role in solving child's problems by thorough physiotherapy assessment, framing goals, and implementing strategies in a child and family centered practice by taking inputs of clinicians with a common goal.
- Our physiotherapists stands right on top in their field with updated high quality research skills with more depth into child evaluation process and treatment.
- We plan treatment interventions which are Evidence based with gold standard outcome measures that are helpful for framing appropriate protocols which are ethically and meaningful according to the needs of child.
- Child will be treated by same professional throughout, which helps in good rapport development between the child and professional for safe and easy handling.
- We educate the family members about the assessment, recovery, reassessments, goals and strategies.
- We share the knowledge among the family members to develop healthy atmosphere at home which enables kid to improve rapidly.
- Progressive care organises regular CMEs and workshops to our professionals and Parents to update them with the current trends of Paediatric Physiotherapy.
- Our multi-speciality Physiotherapy and Rehabilitation Centre with advanced equipment and customised barrier free environment helps the child to engage in therapy and explore their innate potentials useful for better social integration.

**Our therapy is based on the International Classification of Functioning Disability and Health (ICF) framework accredited by world health assembly, where we focus on child's abilities as well as disabilities and set goals which are child specific and apply latest treatment strategies to achieve the pre-set goals. Our focus will be on**

- How the child is Functioning.
- How the Family is responding.
- Fitness levels (health related and skill related components) of the child.
- Child's active participation in the treatment with Fun.
- Session goals, short and long term goals are scientifically framed as per the child's ability and need.
- How the child is interacting with Friends and Family
- Our child specific therapy will help the parents to plan about the Future of the child.

**We offer Physiotherapy and Rehabilitative perspective management for the impairments and disabilities arising from following conditions.**

#### Neuromotor Disorders

- Cerebral palsy
- Spina bifida
- Traumatic Brain injury
- Infantile hemiplegia
- Down's syndrome
- Dandy – Walker Syndrome
- Hypoxic Ischaemic encephalopathy

#### Plexus injuries

- Brachial plexus injuries

#### Neuro Muscular and Musculoskeletal Disorders

- Spinal Muscular Atrophy
- Muscular Dystrophy

#### Behavioural, Sensory Processing and Learning Disorders

- Autism
- ADHD
- Learning Disorders

#### Developmental Coordination Disorder